



**HYPNO****LANGUE**  
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### **Leisure and holidays**

Sarah: Hello Wentworth, just to let you know that next week I'm on holiday. I took a week off because between my job in the restaurant and university I really need a break. I arranged with some mates to gather the work done in the classroom

W: Ok Sarah, thanks for telling me. You apparently need some spare time to enjoy yourself right?

Sarah: definitely. I'm so busy during the year that I really need to get away from it all ideally for a month, but with my job I can only take a week at a time.

W: Well, it's better than nothing Sarah, think in a positive way, you even have a paid vacation! Our ancestors would be amazed if they saw the leisure society we live in today.

Sarah: you're right, especially in France where weekends are sacrosanct in most families. People wouldn't give up their holiday for the world.

W: Sure. On that point we are very different in Canada. Most French people take advantage of the thirty five-hour working week to indulge in their favourite leisure activity.

Sarah: Well, many people now prefer shorter working hours and more leisure time. And the funny thing is most of them don't really do anything. Because when questioned about how they like to use their free time, a majority of people say that they just like to relax with their families.

W: The downside of a shorter working week is that people have lower wages, but as the proverb says "All work and no play makes Jack a dull boy"!



**GLOSSARY:**

Leisure and holidays	A positive way
To let someone know	A paid vacation
To arrange	Our ancestors
To gather	The leisure society
To enjoy oneself	Weekends
To get away	Working week
To see/saw/seen	thirty five-hour
To live	leisure activity
To give up	Working hours
To take advantage	Free time
To indulge in something	A majority
To prefer	The downside
To question	Lower wages
To use	All work and no play makes Jack a dull boy
To like	Between
To relax	Busy
Next week	Ideally
Holiday	Better than nothing
A week off	Especially
A break	Sacrosanct
A mate : un copain, un camarade	For the world
The classroom : la classe	Favourite
Spare time	Shorter
A week at a time	Funny



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