



28 MOST / THE MOST SUPERSTITIONS

- Wentworth: Today's topic is superstitions. Some may keep quiet about it but most of us believe in signs, have our own little rituals. We all own a lucky charm. You know what a lucky charm is? When you are anxious because you have a job interview, an important meeting, in such case you bring them with you, even on a first date, it can be a trinket or some lucky piece of garment such as a shirt, a pair of shoes or even underwear... Haha.
- Sarah: It's true. I have a funny trinket somebody dear to me offered me many years ago and I've kept it as a lucky charm. Besides there are things I'm superstitious with. For instance, I don't like walking under a ladder.
- Wentworth: We all have something full of a memory that gives us confidence. For my part, I have one. It is a scarf I've had since I was 9. So you can imagine it is in shreds now. I can tell you, when I had an exam, I would wear it. Sometimes it brought me luck, sometimes bad luck. I still wear it for important meetings, as a matter of fact...
- Sarah: Did you have any particular fear when you were young?
- Wentworth: Well, before... Before, breaking a mirror was a big deal to me. ..Opening an umbrella indoor also.
- Sarah: Is it a bad sign?
- Wentworth: It is supposedly an ominous sign but maybe I watched too many movies haha. Do you know any signs that mean good luck?
- Sarah: touching wood, finding a four-leaf clover, the number 13...
- Wentworth: Not everyone considers the number 13 as a lucky number.
- Sarah: But people rush to buy a lottery ticket on any Friday 13 hoping they will win.
- Wentworth: That's true. That's what most superstitious people do.
- Sarah: On that day, I buy a scratchcard. Who knows? Let's be positive and hopeful about something good.
- Wentworth: Right, right.. Haha.



SUPERSTITIONS	For instance = for example
A topic	Like + vING
Some	full
To keep quiet	A memory
Most of (us)	To give confidence
To believe in	For my part
One's own	A scarf
a ritual	since
To own	'in shreds'
A lucky charm	To wear
anxious	To bring luck
A job interview	Bad luck
A meeting	still
In such case	AS A MATTER OF FACT
To bring/brought/brought	A fear
even	young
A date	Breaking a mirror
A trinket	A big deal (to me)
lucky	Opening an umbrella indoor
A piece of + uncountable noun	ominous
garment	'Supposedly'

Such as	Too many + plural noun
A shirt	Touching wood
A pair of shoes	finding a four-leaf clover
even	A lucky number
underwear	To consider ...as...
true	To rush
Somebody=someone	a lottery ticket
funny	Most
dear	Try to push my luck
To offer	On that day
Many years ago	A scratchcard
To keep/kept/kept	Who knows?
As	Let's be= let us be
beside	hopeful
superstitious	Something (good)



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Grammar: MOST

1/ MOST

We use MOST as an equivalent to 'a majority of' or the largest amount. We use it for general truths and facts.

Example:

Most children are scared of the dark

Most people do not have lucky charms

2/ MOST OF

We can use MOST OF in the same sense. However, it is necessary to use object pronouns or an article and a noun after. We use MOST OF for particular cases.

Example:

Most of the children present had no pets at home

Most of the people in the room were foreigners

Most of us are a bit superstitious

Exception: when the subject is unique, we use most of. Common phrases with most of: most of the time