



HYPNO**LANGUE**
Learn english faster & easier

Movements / Positions / Signs

A step
awkward
restless
to dash
to lie down
to sit
to bend
to wave
to hold
on all fours

a stride
clumsy
to move
to run away
to stand
to sit down
to lean
to push
to cease

a leap
clever
to rush
to lie
to stand up
to stretch
to raise ones hand
to pull
to and fro

And now a dialogue

Man: Keep off the grass.

Woman: Can you fetch me a hammer?

Man: She lost her balance and fell down the stairs.

Woman: He managed to jump out the car before it hit the tree.

Man: Don't let anyone tread on your toes.

Woman: I've wasted my afternoon going back and forth.